Clinical and Counselling Psychology Review (CCPR) Volume 7 Issue 1, Spring 2025

Founding Chief Editor **Zahid Mahmood** UMT

Editor-in-Chief

Ayesha Jabeen

UMT

Associate Editors Haziq Mehmood

Syeda Taskeen Zahra UMT

Managing Editors

Hina Javed Rana

Madeha Naz

UMT

Assistant Editors

Zarmin Tariq Laraib Javed Sana Zaheer UMT Technical Editor **Muhammad Rafiq Awan** KRSS, UMT

Technical Support

Syed Mughees ul Hassan

KRSS, UMT

In charge Subscriptions
Samreen Aamer
KRSS. UMT

Publishing Process Editor Safia Iqbal

> KRSS, UMT Metadata Editor *Talha Shafique*

KRSS, UMT

Format Editor Sadaf Lal Din KRSS, UMT

Language Editor

Sidra Shahid

KRSS, UMT

Graphic Designer **Muhammad Abdullah** KRSS, UMT

HTML Editor **Muhammad Haseeb** KRSS, UMT

Dispatcher *Abdul Aziz* KRSS, UMT

Editorial Board

Keith Stephen Dobson

University of Calgary, Canada

Rafia Rafique

University of the Punjab, Pakistan

Anna S. Evmenova

George Mason University, USA

Umara Rauf

Government College Women University, Pakistan

Anila Sadaf

National University of Modern Languages, Pakistan

Jennifer Watling Neal

Michigan State University, USA

Oriola Hamzallari

University Aleksandër Moisiu Durres, Albania

Advisory Board

Abdul Khaleque

University of Connecticut, USA

Rebecca Kanak Fox

George Mason University, USA

Pamela Pine

Institute on Violence, Abuse and Trauma, USA

Anila Kamal

Rawalpindi Women University, Pakistan

Rubina Hanif

Quaid-e-Azam University, Pakistan

Talat Sohail

Lahore College for Women University, Pakistan

Salma Hassan

Government College University, Pakistan

Syeda Shahida Batool

Government College University, Pakistan