Applied Psychology Review (APR) Volume 3 Issue 1, Spring 2024

Editor-in-Chief *Rukhsana Kausar* University of the Punjab

> Editor *Shahnila Tariq* UMT

Managing Editor *Omama Tariq* University of the Punjab

> Assistant Editor *Zarmin Tariq* KRSS, UMT

Technical Editor *Muhammad Rafiq Awan* KRSS, UMT

Publishing Process Editor Safiqa Iqbal KRSS, UMT

Language Editor Shahzaib Chaudhary KRSS, UMT

Indexing Editor *Syed Mughees ul Hassan* KRSS, UMT

> Metadata Editor *Shanawer Rafique* KRSS, UMT

Editorial/Advisory Board

International

National

Abdurrahim Yapono Islamic Boarding School Dar ul Ehsan, Indonesia

Claudia Harzer University of Applied Sciences and Medical University, Germany

> *Hussain Ali Talib Alkharusi* Sultan Qaboos University, Oman

> *Ali Mahdi Kazem* Sultan Qaboos University, Oman

Amir Jamal University of Calgary, Canada

Wasif Ali University of Calgary, Canada

Olukayode Ayooluwa Afolabi Adekunle Ajasin University, Nigeria *Azam Tahir* University of Baluchistan, Quetta, Pakistan

Amina Muazzam Lahore College for Women University, Lahore, Pakistan

Najma Najam Nur International University, Lahore, Pakistan

Saima Ghazal University of the Punjab, Lahore, Pakistan

> *Muhammad Jahanzeb Khan* Fata University, Pakistan

Rukhsana Kausar Government College Women University, Sialkot, Pakistan

Jamil A. Malik Quaid-i-Azam University, Pakistan

Format Editor *Sadaf Lal Din* KRSS, UMT

Graphic Designer Muhammad Abdullah KRSS, UMT

In charge Subscriptions Samreen Aamer KRSS, UMT

> Dispatcher *Abdul Aziz* KRSS, UMT