International Health Review (IHR) Volume 2 Issue 2, Fall 2022

Editor-in-Chief *Umar Bacha*UMT

Executive Editor

Muhammad Salman Bashir

UMT

Editor

Afifa Tanweer

UMT

Managing Editor *Sajjad Ali* UMT

Technical Editor

Muhammad Rafiq Awan

KRSS, UMT

Editorial Assistant

Aqsa Sattar

KRSS, UMT

Language Editors
Muhammad Saad
Aiman Kamran
Shahzaib Chaudhry
KRSS, UMT
Metadata Editor

Shanawer Rafique KRSS, UMT

Formatting Editor

Sadaf Laal Deen

KRSS, UMT

Graphic Designer

Muhammad Abdullah

KRSS, UMT

Editorial Board

Muhammad Akram

University of Health Sciences, Lahore, Pakistan

Abdul Momin

Department of Human Nutrition & Dietetics NUMS

Irfan Bashir

Afro-Asian Institute, Lahore, Pakistan

Khalid Mehmood

UAE University, Al Ain, UAE

Mohammad Reza Hadian

Tehran University of Medical Sciences

Warda Fatima

University of the Punjab, Lahore, Pakistan

Advisory Board

Chandrika Murughaiah

University Malaysia Sabah, Malaysia

Muneeb Iqbal

University Of Southern Queensland, Ipswich, Qld, Australia

Habib ur Rehman

University of Lahore, Pakistan

Sanaullah Iqbal

UVAS, Lahore. Pakistan

Riffat Mehboob

Lahore Medical Research Center, Lahore, Pakistan